

# The Messenger

## Perry United Methodist Church

### Perry, Georgia

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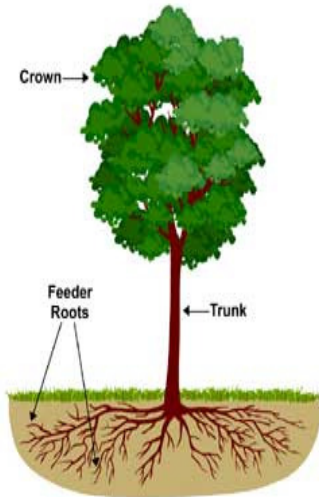
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## DIG DEEP



How I love great trees and the fiery beauty of autumn leaves. And yet, Warren Wiersbe is right: “The most important part of a tree is the part you cannot see, the root system. Great trees send their roots down deep into the earth to take in water and minerals. The tree truly depends on these hidden resources. Trees live or die depending upon their roots.”

And that’s just as true for you and me. The deepest part of a Christian’s life is the part that only God sees. And unless you and I as Christians draw upon the deep resources of God by faith, we eventually fail against the pressures of life.

In Psalm 1, the psalmist encourages his readers to go deep. . . to sink proper spiritual roots in God. . . because, the psalmist points out that our growth and the health of the whole community, is the inevitable result of our root system. The psalmist urges: Don’t live on the surface. Go deep into the things that matter. Don’t be like the folks who are blown away in the wind. Be rooted in God and He will “watch over” your way.

From time to time, I grow worried that so many who live in our great country do not know it’s history. . . it’s roots. They flounder, jumping from one issue to the next, never grasping the heritage and deep root system we have all inherited. Like the great tree, our root system is the part you cannot see. And yet, when confronted with crisis, it is our root system that matters most.

How are you becoming more firmly rooted?

See you Sunday where we dig deep together.

*Rev Jenny*

### The Church At Worship

**9:00 AM and 11:00 AM**  
Rev. Jenny Jackson-Adams

**No Evening  
Worship Service**

### SUNDAY WORSHIP VOLUNTEERS - September 14

#### Greeters:

9:00 a.m. - James Lewis  
Diana Wilson  
11:00 a.m. - Jean Bennett  
Charlee Duke

#### Acolytes:

9:00 a.m. - Jackie Bard  
John Edward Bard  
11:00 a.m. Mollie Asbury Tolbert  
Emmy Westmoreland

### Welcome Worship Service and Reception for Bishop and Mrs. King

Sunday, September 14 - 4:00 p.m.  
Mulberry Street UMC  
Macon, Georgia

*Transportation provided.  
Buses will leave from in front  
of the Crossway at 3:00 p.m.*

**WNS**

## **Wednesday Night Supper**

**September 17 - Fellowship Hall**

*Serving Supper: 5:15 p.m. ~ 6:00 p.m.*

**No Registration Required**

*Program: 6:00 p.m. ~ 6:30 p.m.*

**Session #3**

### **"Exploring Membership in Perry UMC"**

For **5 Wednesdays** beginning Sept. 3, at 6 – 6:30 P.M., our Senior Pastor, Rev. Jenny Jackson-Adams will present an overview with PowerPoint visuals about **Major Methodist Beliefs**. If you are interested in learning more about the United Methodist Church, its theology and traditions, as well as the "method" of Methodism, you are invited to join in. Childcare will be provided. Hope to see you on Wednesdays in the fellowship hall.

### **MISSION RESOURCES**

**The three South Georgia Mission Agencies have requested the following resources to aid them in their mission work:**

**Open Door Community House:** Men's and women's gloves, hats, and thick socks.

**The Vashti Center:** School supplies, quality backpacks, low-cut (ankle) athletic socks, boxer shorts (size 12-36"), books for teens.

**Wesley Community Centers:** Children's books (appropriate for ages 1-4) that recognize diversity (i.e. ethnic groups, special needs).

Collection boxes will be in the Crossway and Fellowship Hall.

Requested items will be delivered to Annual Meeting, United Methodist Women, South Georgia Conference, Americus First UMC, on October 18.

### **PRIME TIME MYRTLE BEACH TRIP REMINDER**

**Payment in Full** is due by September 17.

Please go to the church office for your balance and to make payment.

### **PRAY FOR THOSE IN THE MILITARY:**

**Justin Dunnam**, brother of Aimee Curtis;

**Capt. Elmo Cooper Wright, III**, **Lt. William R. Wright**, grandsons of Elmo and Elaine Wright;

**Capt. Brandon Perdue**, **Lt. Barrett Perdue**, **Capt. Jeff McFarland**, **PFC John Lane Sirmon**, grandsons of Rene Fendley Sirmon and John Sirmon

**Lt. Phillip Ferris**, son of Mark and Gloria Ferris

### **Choral Singers Happier Than the Rest of Us: Study**

Singing regularly with others makes you happier, according to Australian research which suggests choristers have a better quality of life than other people. The survey of more than 1,100 choral singers in Australia, Germany and the UK is the latest to point to the benefits of music on health. It found that while people who join singing groups tend to be less healthy than the average person, they are in fact happier. "They're actually much more satisfied with their health overall and their life in general than everyone else," said Professor Don Stewart, head of public health at Griffith University in Queensland. "It's quite a remarkable find really, and quite inspiring."

The research, presented at a national public health conference in Brisbane this week, involved 21 choirs, including five from south east Queensland. It found 51 per cent of the choralists had long term health problems, more than twice the Australian norm. They also scored below average on a WHO scale of psychological health and social functioning. However, 98 per cent rated their quality of life as good or excellent, and 81 per cent were satisfied or very satisfied with their health. "That's definitely above the norm so there's something special happening here," Professor Stewart said.

He said the act of singing had been proven to have physiological benefits, stimulating circulation, improving lung function and releasing endorphins that boost mood. Some scientists have suggested it also strengthens the immune system by increasing concentrations of immunoglobulin A in the blood. But Professor Stewart said if the benefits were physical alone anyone could get them from singing in the shower, and that is not the case. "It's very much about the act of togetherness, the importance of being involved with others gives people this strong sense of connectedness and wellbeing we think," he said. "It seems to be quite a powerful effect." The research, led by the Sidney De Haan Research Centre for Arts and Health in Kent, suggests those who benefit most are women, older people, and those who suffer anxiety or have been recently bereaved.

This is an article that I recently shared with the Sanctuary Choir. To add more happiness to your life, join one of our choirs!

Blessings,  
Jane

# God's Big Backyard Children's Ministry!

PICNIC Kicked off to a GREAT start for the 2008-09 school year!

We learned all about sharing Jesus with our friends at school and being a witness for Him!

The next two weeks will be different in the way the children bring food to PICNIC...Next week, we will have a giant "covered dish" style Picnic! I will provide fried chicken strips and drinks and the kids should bring their favorite picnic food to share with the group. It will be more of a family style Picnic.

The next week, we will take the kids to UMYF for a special combined night together...the children will share the MYF Snack Supper with the teenagers that night (September 21st) so there is no need for the kids to bring a supper with them. The 21st, our meeting time will also be a little longer, 5-6:30 pm.



## Children's Worship Service

Mark your calendars for our Annual Children's Led Worship Service October 19th at 7pm. Forms are ready for children to choose what parts they would like to have..they may be picked up in the Back Porch or from

Miss Krissy

# YOUTH NEWS



Join the drama team

Drama Practice, Sundays at 4:00pm

Practice has begun for Dinner Theatre! The Cricket County gang is back and going on a Cruise. We need more older youth to fill all of the parts.

Dinner Theatre, December 1 and 2, 2008

MYF regular schedule resumes this Sunday,

September 14, 2008

Middle School 5:00—5:45 pm

Snack Supper 5:45- 6:15 pm

High School 6:15- 7:00 pm

Praise Band will play for both groups and

Kyle Barfield will be our Guest speaker.

PRAISE BAND



## Prayer Breakfast



Prayer breakfast has returned. Students come for breakfast and devotional at 7:30 a.m. on Wednesdays in the Youth Center. Transportation to school will be provided.

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## Calendar of Events

### Sunday, September 14

9:00 a.m. and 11:00 a.m. - Morning Worship  
10:00 a.m. - Sunday School  
4:00 p.m. - Welcome/Reception for Bishop and Mrs. King  
5:00 p.m. - PICNIC and MYF

### Monday, September 15

5:30 p.m. - Finance Committee Meeting - Youth Center  
6:15 p.m. - Handbell Quartet Rehearsal  
6:45 p.m. - Ladies Bible Study - Conference Room

### Tuesday, September 16

11:00 a.m. - JOY Choir Rehearsal  
2:00 p.m. - Staff Meeting - Conference Room  
7:00 p.m. - "Sunday Evening Service" Meeting

### Wednesday, September 17

3:45 p.m. - WASP - Wednesday After School Program  
5:15 p.m. - Wednesday Night Supper - Fellowship Hall  
6:00 p.m. - Ladies' Ensemble Rehearsal  
6:45 p.m. - Sanctuary Choir Rehearsal

### Thursday, September 18

7:00 p.m. - Old Testament Bible Study - Conference Room

### Friday, September 19

10:00 a.m. - Old Testament Bible Study - Conference Room

### Attendance Report - September 7, 2008

Morning Worship	536
9:00 a.m.	221
11:00 a.m.	315
Sunday School	334
7:00 p.m.	59
Youth	70

### Financial Report - Week 36

Budget Needed Weekly:	22,376.25
Budget Receipts Sept. 7	54,631.48
Needed Year to Date:	805,545.00
Disbursements to Date:	803,771.24
Received Year to Date:	732,083.26
Other Contributions:	
Memorial for Bldg Fund	25.00
Honorarium	100.00
Darfur	30.00
Altar Fund	62.00

### Church Staff and Our Methodist Connection

Rev. Jenny Jackson-Adams	Senior Pastor
Rev. Roland Fall	Associate Pastor for Congregational Care
Rev. Billy Kimbrel	Associate Pastor for Evangelism
Dr. Billy Key	Pastor Emeritus
Krissy Pope	Children's Pastor & Dir. Of Christian Ed.
Jane Kimbrel	Minister of Music
Miriam Marchetti	Music Associate/Pianist
John Williams, Building Supt.	<i>Nursery Workers</i>
Leslie Mercer, Financial Secretary	Christie Rooks
Ginger Vance, Admin. Assistant	Linda Hall
Grace Daniel, Organist	Amanda Suttmueller
Deborah Walker, Pianist	Lisa Mixon
Alice Releford, Custodian	
Bishop James R. King, Jr.	Resident Bishop
Rev. Ronnie Wills	District Superintendent

## FRIENDSHIP SUNDAY

If you haven't issued your invitations for Friendship Sunday yet, now is the time! Talk to your neighbors, your co-workers, your friends at school, and ask them to attend all the activities at Perry United Methodist Church with you on **Sunday, September 21**. Better yet, offer to drop by and pick them up and bring them with you on that special Sunday. We'll have special gifts for our visitors and refreshments on the grounds for all. Come and worship!



A quick way to take a look at the Messenger, the bulletin, Children and Youth articles, and lots more at [www.perryumc.org](http://www.perryumc.org).

## Mission . . . Possible!

The Missions Committee is sponsoring an upcoming drama production by the CenterStage for Christ Ministries. All proceeds will benefit Perry UMC missions.

*The Mystery of Montley's Manor*  
A Murder Mystery Dinner Theatre  
By Kimberlee R. Mendoza

**Dates:** September 22<sup>nd</sup>, 23<sup>rd</sup>, and 25<sup>th</sup>

**Time:** 7:30 PM

**Place:** PUMC Fellowship Hall

**Menu:** Spaghetti, Salad, Bread, Chocolate Éclair Dessert

**Tickets:** \$10.00 Sales begin on September 3<sup>rd</sup> at Family Night Supper. Tickets will be available before and after church services beginning on September 7<sup>th</sup> and will be available anytime in the church office. Bring your friends to this exciting dinner theatre production and help to support missions in our church.

### New Mission Trip Planned

The missions committee is sponsoring five people to travel to Nicaragua with a local missions group to build five houses during the week of November 8-15, 2008. Would you like to be one of the five? For more information contact Brian Bowen at [blbowen@aol.com](mailto:blbowen@aol.com) or Rev. Fall or Rev. Kimbrel at 987-1852.